

# ISKF ALBERTA PROVINCIALS

NEW LOCATION

St. Francis  
High School



**NEW  
LOCATION**

St. Francis High School  
877 Northmount Dr NW,  
Calgary AB T2L 0A3

**28 MARCH**  
SATURDAY

**8:30**  
AM



CONTACT US:  
[info@iskfcalgary.ca](mailto:info@iskfcalgary.ca)

**Register Online:**  
[iskfcalgary.srssolutions.ca](http://iskfcalgary.srssolutions.ca)



# 2026 ISKF ALBERTA PROVINCIAL KARATE CHAMPIONSHIPS

Saint Francis High School

877 Northmount Drive NW, Calgary, AB T2L 0A3

DATE:	<b>Saturday, March 28, 2026</b>
LOCATION	Saint Francis High School 877 Northmount Drive NW, Calgary, AB T2L 0A3
PARKING	Free parking is available all around the community hall.
REGISTRATION	Competitors are asked to register at <a href="http://iskfcalgary.srsslutions.ca/portal">iskfcalgary.srsslutions.ca/portal</a> Create a login profile, then complete all registration categories, the waiver, and payment. Please submit your name and details to your dojo's registration sheet as a confirmation.
FEES	\$40.00 for one event or more. Team entries are \$30.00 per team*. *Please submit team fees to your instructor.
COMPETITOR DEADLINE	Each dojo needs to submit their volunteer, Judges and competitor lists, or what they have on or before <u>Monday, March 23<sup>rd</sup></u> . Please send information to Laurie Jones at <a href="mailto:info@iskfcalgary.ca">info@iskfcalgary.ca</a>
CHECK-IN	Check-in starts at 8:00 am Athletes are required to confirm their events with the Registration desk. Report any discrepancies immediately!
SCHEDULE OF EVENTS	7:30 AM SET UP 8:00 AM REGISTRATION 9:00 AM WALK IN 9:15 AM PROVINCIAL KARATE CHAMPIONSHIPS START 12:00 PM LUNCH (one hour) 2:00 PM FINALS
HOTEL INFORMATION	There are a wide variety of hotels in and around the area that will fit any budget. If you require specific information, please contact me at <a href="mailto:info@iskfcalgary.ca">info@iskfcalgary.ca</a>
AGM MEETING	7:00 PM for all Dojo Heads. Held at the hombu dojo. (3515 – 32 <sup>nd</sup> Street N.E.).

## CATEGORIES

	BELT COLOUR		
Beginners	White	Yellow	Orange
Intermediate	Green	Purple	
Advanced	Brown		
Advanced	Black		

## AGES CATEGORIES (APPROXIMATES)

AGES		
5	to	8
9	to	11
12	to	14
15	to	17
18		+

### Intermediate & Advanced - Jyu Kumite

Green belts and above will have the additional option to participate in the demonstration free sparing event. Competitors that wish to participate in this demonstration event will only be eligible if they participate in the standard kumite event for their level.

### TEAM KATA CATEGORIES

(White/Yellow/Orange) (Green/Purple) (Brown/Black)

\*\*Categories may change dependent upon the number, age and rank of the participants

### **ISKF Rules - Important Note**

This year we will be applying the ippon and jyu-ippon kumite changes from the 8th Edition of the ISKF Tournament Rules (Memo June 2025, full 8ed not yet available) where one of the counter attacks must be a kicking technique.

### DRESS CODE FOR PARTICIPANTS

<u>Contestants</u>	<u>Judges</u>
<ul style="list-style-type: none"><li>• The gi must be ISKF regulation</li><li>• The gi must clean and white</li></ul> <p>All competitors must have white hand gear and mouth guard.</p>	<p>Formal ISKF Judges uniform should be worn by all judges.</p> <ul style="list-style-type: none"><li>• Grey pants,</li><li>• White long sleeve shirt,</li><li>• Maroon tie</li><li>• Whistle</li></ul>



## 2026 ISKF ALBERTA PROVINCIAL KARATE CHAMPIONSHIPS

**Club Name:** \_\_\_\_\_

Submit by Monday, March 23rd

<b>Team List</b>						
Contestants	Team Name	Rank	Age	M/F	Kata or Kumite*	Paid
1. 2. 3.						
1. 2. 3.						
1. 2. 3.						
1. 2. 3.						
1. 2. 3.						
1. 2. 3.						

\*Team kumite only available for adult advanced belts

