

ISKF PROVINCIAL KARATE - 2025 CHAMPIONSHIPS

BEARSPAW , CALGARY

DATE:	Saturday, March 15, 2025
LOCATION	Bearspaw Lifestyle Center 253220 Bearspaw Road (head west on Crowchild Tr. Towards Cochrane. Turn left at the lights on Bearspaw Road).
FEES	\$35.00 for one event or more. Cheques payable to ISKF Alberta or etransfer to iskfcalgary@shaw.ca
COMPETITOR LIST DEADLINE	Each dojo needs to submit their competitors list or what they have on or before March 10th to Laurie Jones at email ISKFCALGARY@shaw.ca
REGISTRATION	Registration starts at 8:30 am Athletes are required to confirm their events with the posted draw sheets. Report any discrepancies Immediately!
SCHEDULE OF EVENTS	8:30 AM SET UP MATS 8:30 AM REGISTRATION 9:30 AM WALK IN 9:45 AM PROVINCIAL KARATE CHAMPIONSHIPS START 1:00 SHORT BREAK FOR LUNCH 1:30 PM FINALS
AGM MEETING FRIDAY MARCH 14th, 2025	7:00 PM for all Dojo Heads. Held at the ISKF Calgary Honbu Dojo #2, 3515 – 32 nd Street N.E. Calgary, AB T1Y 5Y9 Dojo Tel. #: (403) 250-3230

CATEGORIES

	BELT COLOR		
Beginners	White	Yellow	Orange
Intermediate	Green	Purple	
Advanced	Brown &		
Advanced	Black		

TEAM KATA CATEGORIES

(White/Yellow/Orange) (Green/Purple) (Brown/Black) – Categories may change dependent upon the number, age and rank of the participants

AGES CATEGORIES (APPROXIMATES)

AGES		
6	to	8
9	to	11
12	to	14
15	to	17
18		+

DRESS CODE FOR PARTICIPANTS

Contestants

The gi must be ISKF regulation

The gi must clean and white

All competitors **must have gloves and mouth guard.**

NOTES:

- ⌚ ISKF Calgary reserves the right to combine, subdivide, change age categories or cancel any event.
- ⌚ Errors on your registration form may mean that an athlete does not get to compete so please be accurate. Do not guess!
- ⌚ Times listed on the schedule are approximate.
- ⌚ Athletes are required to confirm their events with the posted draw sheets and report any discrepancies to the 'Registration Desk' prior to competition.

