

ISKF CANADA

Fédération Internationale de Karaté Shotokan du Canada

Canadian National Gasshuku & 42th ISKF Canadian National Tournament 15 au 18 Mai, 2025

ISKF National Gasshuku
HOTEL PUR
395 Rue de la Couronne, Québec

ISKF National Championship
COLLÈGE ST-CHARLES GARNIER
1150, boulevard René-Lévesque Ouest, Québec

Sanctionné par:

ISKF Canada
International Shotokan Karate Federation
Shihan Hioriyoshi Okazaki 9° dan / Chef instructeur ISKF

Représentants officiels ISKF Canada

Sensei David Jones 8° dan / Chairman Comité Technique ISKF & Chef Instructeur Alberta
Sensei Tony Tam 8° dan / Membre Comité Technique ISKF & Chef Instructeur Nouvelle Écosse
Sensei Denis Houde 7° dan / Membre Comité Technique ISKF & Chef Instructeur Québec,



42^e Championnat National Iskf Canada 15 au 18 Mai 2025

SCHEDULE OF EVENS

Thursday, May 15, 2025		
Time	Event	Location
6h00 to 7h00 pm	National Gasshuku All level training seminar Sensei Houde	Hotel PUR Ball room

Friday, May 16, 2025		
Time	Event	Location
9h00 - 11h00 am	ISKF Canada Board Meeting Provincial Directors	Hôtel PUR 2nd Level
12h00 - 1h00 pm	National Gasshuku All level training seminar Sensei Paige	Hôtel PUR Ball Room
2h00 – 4h00 pm	PROVINCIAL TEAM TRAINING	Hôtel PUR Ball Room
6h00 - 7h00 pm	National Gasshuku Black belt training seminar Sensei Jones	Hôtel PUR Ball Room
6h00 - 7h00 pm	National Gasshuku White to Brown training seminar Sensei Tam	Hôtel PUR Ball Room
7h15 - 8h30 pm	Dan Exam Technical Commitee	Hôtel PUR Ball Room

Registration Deadline May 9th
Cheques payables to : QUEBEC ISKF
info@quebeciskf.com



42^e Championnat National Iskf Canada 15 au 18 Mai 2025

Saturday, May 17, 2025		
Time	Event	Location
9h00 - 10h00 am	Brown and Black belt training seminar Technical Commitee	College St Charles Garnier 1150 Rene Levesque West
9h00 - 10h00 am	White to purple belt training seminar Technical Commitee	
10h00 - 11h15am	Judges clinic Sensei David Jones	
11h15 - 12h30pm	LUNCH	
1h00 - 2h00 pm	42nd ISKF NATIONAL CHAMPIONSHIP OPENING CEREMONIE	
2h00 - 6h00 pm	Youth Tournament Age 17 and under White to black belt and Final	

Sunday, May 18, 2025		
Time	Event	Location
9:00 – 12:00pm	42th ISKF National Championship <ul style="list-style-type: none"> • <i>Adult Colour Belts</i> • <i>Seniors (45 to 54) Black Belts</i> • <i>Seniors (55 +)</i> 	College St Charles Garnier 1150 Rene Levesque West
9:00 – 12:00pm	National Championship / Eliminations <i>Adult Black Belts / Individual and team</i>	
1:00 – 5:00pm	National Championship / Finals <i>Adult Black Belts</i>	

SUMMARY OF FEES

Event	Fee	
Training Seminars	3 or 4 classes	\$80
	2 classes	\$55
	1 class	\$30
Judges Clinic	\$40	
Tournament Fee (individual)	\$50	
Tournament Fee (per team)	\$75	
Banquet	\$100	

Dan Exam Level	Exam Fee (USD)	Registration Fee (USD)
Shodan	\$100	\$120
Nidan	\$130	\$150
Sandan	\$150	\$180
Yondan	\$170	\$240
Godan	\$220	\$290

Venue

The National Gasshuku seminars and exams will be held on Thursday May 15th and Friday May 16th in the banquet hall on the 2nd floor at HÔTEL PUR located at 395 Rue de la Couronne, Quebec. The Canadian Championship and referee training will be held at the Collège Saint Charles Garnier Sports Center located at 1150 Boul. René Lévesque Ouest, Quebec accessible by Avenue Louis Fréchette.

Hotel

The HOTEL PUR in Quebec will be the official hotel of the 42nd National Championship. Hotel address: 395 Rue de la Couronne, Quebec. It is located at 10 minutes drive from the Championship location (College St Charles Garnier). A block of rooms has been reserved for the event. A special rate will be available to participating members and accompanying persons by giving the password ISKF CANADA. Reservations must be made no later than Friday, April 25th, 2025.

Available Rate: 1 bed \$259 per night / 2 beds \$279 per night

Phone #: 418-647-2611

To book online: XXXXXXXXXXXXXXXXXXXXXXXXX

PW to get the corporate rate: «ISKF CANADA»

Registration Deadline May 9th
Cheques payables to : QUEBEC ISKF
info@quebeciskf.com



42^e Championnat National Iskf Canada 15 au 18 Mai 2025

Transportation

We will provide transportation from the airport to the hotel for the participants. Please contact Mr. Marc Roussel at the email address marc.roussel@quebeciskf.com and mention your flight number and arrival time.

ISKF National Gasshuku

All ISKF members are invited to participate to the National Gasshuku seminars before participating to the Championship. Seminars will be taught by the ISKF Technical Committee Instructors. 4 training sessions will be available from Thursday to Saturday. Please check the schedule.

Dan Exam

Dan's exams will be held on Friday, May 16th at 7:30pm in the PUR Hotel Ballroom located on the 2nd floor.

Please be sure to prepare your file and submit your documents in an envelope to Denis Houde attention at the registration desk on Friday morning. The registration desk will be in the hotel lobby.

- ISKF Passport
- 2 copies of the Dan Registration Form
- 2 passport sized photos (with first and last name printed on the back)
- Separate Examination Fee (USD)
- Separate Registration Fee (USD Money Order made payable to ISKF)

Judges Clinic

It will be important that all black belts can take advantage of the judge clinic that will be offered on Saturday at 10:15 am, after the seminar class. You must be registered on the list of participants. Make sure to bring your own whistle.

Banquet

In honor of our Canadian camaraderie, we will conclude this event with a banquet and party. Banquet tickets must be purchased during the pre-registration process or at the registration desk upon your arrival. Please note that seating is limited.

For the event we have reserved at restaurant LE GRAND CAFÉ located at 690 Grande Allée Est, Québec. We will only have 115 places available (16 years old +) for dinner. Dinner will start at 18:30. A menu has been prepared for our group with a la carte service and service at the table. A complementary aperitif will be served (wine or beer) at your arrival at 18:30. There are many restaurants on Grande Allée street for those of your who were unable to dine at GRAND CAFÉ. Everyone (after diner, under 16 years old) is welcome to join us at 21:30 at GRAND CAFE for the dance party. An amount of 20\$ per person will be required for the evening. Free of charge for under 16 years old.

We will have for the evening ZAGATA BAND Group a group of professional musicians. Don't miss out!

Registration Deadline May 7th
Cheques payables to : QUEBEC ISKF
info@quebeciskf.com



42^e Championnat National Iskf Canada 15 au 18 Mai 2025

Tournament Dress Code

All judges, for Saturday and Sunday, are to wear the official ISKF judge’s uniform (whistle, maroon tie, white shirt, grey pants, and navy blazer).

All athletes must wear a white karate gi and those competing in the kumite division must wear a mouth guard and approved white fist protectors.

Opening Ceremonies

Tous les juges (en uniforme) et les compétiteurs (en gi) sont priés d’assister à la cérémonie d’ouverture le samedi 17 mai à 13h00. Veuillez arriver avant 12h30 pour la cérémonie d’entrée en scène.

All judges (in uniform) and competitors (in gi) are requested to attend the opening ceremonies on Saturday, May 17 at 13:00. Please arrive by 12:30pm to be staged for a march-in ceremony.

Youth Invitational Tournament Events

The Youth Invitational Tournament is occurring on Saturday, which is open to Shotokan practioners from Canada that are aged 17 and under. This event will include categories for kata and kumite, including a demonstration category for shobu-ippou (free-sparring) for some kyu level categories. In order to compete in the demonstration category, competitors must compete in their traditional kumite division as well. **The below chart represents the approximate categories that will be offered, with a note that male and female divisions may be combined or separated (when appropriate) dependent on the number of registrants.**

The ISKF Canada Technical Director reserves the right to combine or separate any categories.

Youth Individual Events

Belt Level	Ages	Kata	Ippon Kumite	Jiyu-Ippon Kumite	Demonstration Shobu-Ippon Kumite
White to Orange Belts	11 and under	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
	12 – 14	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
	15 – 17	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Green to Purple Belts	11 and under	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
	12 – 14	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
	15 – 17	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
Brown to Black Belts	11 and under	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	12 – 14	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	15 – 17	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>

Youth Team Events

Belt Level	Ages	Team Kata
White to Purple Belts	Children	<input checked="" type="checkbox"/>
	Youth	<input checked="" type="checkbox"/>
Brown to Black Belts	Children	<input checked="" type="checkbox"/>
	Youth	<input checked="" type="checkbox"/>

National Championship Adult Events

The National Championship adult tournament is occurring on Sunday, which is open to ISKF members from Canada over the age of 18. This event will include categories for kata and kumite, including a demonstration category for shobu-ippō (free-sparring) in the kyu level categories. In order to compete in the demonstration category, competitors must compete in their traditional kumite division as well. **The below chart represents the approximate categories that will be offered.**

The ISKF Canada Technical Director reserves the right to combine or separate any categories.

Adult Individual Events

Belt Level	Sex	Ages	Kata	Ippon Kumite	Jiyu Kumite Shiai	Demonstration Shobu-Ippon Kumite
White to Orange Belts	Male	18+	<input type="checkbox"/>	<input type="checkbox"/>		
	Female	18+	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Green to Purple Belts	Male	18+	<input type="checkbox"/>	<input type="checkbox"/>		<input checked="" type="checkbox"/>
	Female	18+	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
Brown Belts	Male	18+	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Female	18+	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
Black Belts	Male	18-21	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Female	18-21	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Male	22-44	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Female	22-44	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Male	45-54	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Female	45-54	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Male	55+	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Female	55+	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	

Adult Team Events

Belt Level	Sex	Team Kata	Team Kumite
White to Purple Belts	Combined	<input checked="" type="checkbox"/>	
Brown to Black Belts	Female	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Male	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

There is no limit on number of teams submitted per province.