

# ISKF PROVINCIAL KARATE - 2024 CHAMPIONSHIPS

## BEARSPAW , CALGARY

<b>DATE:</b>	Saturday, March 9, 2024
<b>LOCATION</b>	Bearspaw Lifestyle Center 253220 Bearspaw Road (head west on Crowchild Tr. Towards Cochrane. Turn left at the lights on Bearspaw Road).
<b>FEES</b>	\$35.00 for one event or more. Cheques payable to ISKF Alberta or etransfer to <a href="mailto:iskfcalgary@shaw.ca">iskfcalgary@shaw.ca</a>
<b>COMPETITOR LIST DEADLINE</b>	Each dojo needs to submit their competitors list or what they have on or before <b>March 6th</b> to Laurie Jones at email <a href="mailto:ISKFCALGARY@shaw.ca">ISKFCALGARY@shaw.ca</a>
<b>REGISTRATION</b>	Registration starts at 8:30 am Athletes are required to confirm their events with the posted draw sheets. Report any discrepancies Immediately!
<b>SCHEDULE OF EVENTS</b>	8:30 AM SET UP MATS 8:30 AM REGISTRATION 9:30 AM WALK IN 9:45 AM PROVINCIAL KARATE CHAMPIONSHIPS START 1:00 SHORT BREAK FOR LUNCH 1:30 PM FINALS
<b>AGM MEETING FRIDAY MARCH 8<sup>th</sup>, 2024</b>	7:00 PM for all Dojo Heads. Held at the ISKF Calgary Honbu Dojo #2, 3515 – 32 <sup>nd</sup> Street N.E. Calgary, AB T1Y 5Y9 Dojo Tel. #: (403) 250-3230

## CATEGORIES

	BELT COLOR		
Beginners	White	Yellow	Orange
Intermediate	Green	Purple	
Advanced	Brown &		
Advanced	Black		

## TEAM KATA CATEGORIES

(White/Yellow/Orange) (Green/Purple) (Brown/Black) – Categories may change dependent upon the number, age and rank of the participants

## AGES CATEGORIES (APPROXIMATES)

AGES		
6	to	8
9	to	11
12	to	14
15	to	17
18		+

## DRESS CODE FOR PARTICIPANTS

### Contestants

The gi must be ISKF regulation

The gi must clean and white

All competitors **must have gloves and mouth guard.**

### NOTES:

- 🌐 ISKF Calgary reserves the right to combine, subdivide, change age categories or cancel any event.
- 🌐 Errors on your registration form may mean that an athlete does not get to compete so please be accurate. Do not guess!
- 🌐 Times listed on the schedule are approximate.



