



**Schedule for September 21st, 2019
ISKF Alberta Special Fall Training
with Senior Alberta Instructors**

**All classes held at Lindsay Thurber High School (Red Deer)
4204 58 Street – Red Deer, AB T4N 2L6**

Saturday, September 21st	9:00 – 9:30 a.m.	All Belts
	9:40 – 10:30 a.m.	White to Green Belts Purple to Brown Belts Black Belts
	10:40 – noon	Adult Brown & Black Belts All Belts
	Noon – 1:00 p.m.	Lunch break
	1:00 – 2:15 p.m.	White to Orange Belts Green and Purple Belts Brown & Black Belts Judges Clinic
	2:30 – 4:00 p.m.	Shiai (Fun Competition)

FEES FOR SEMINARS

Seminars	Fun Competition
\$20.00	FREE

Those participating in the fun competition must have white fist protectors and a mouth guard in order to participate.

ALL STUDENTS MUST HAVE THEIR I.S.K.F. MEMBERSHIP FOR 2019 PAID