



# **ISKF CANADA**

## **Fédération Internationale de Karaté Shotokan du Canada**

### **Canadian National Gasshuku & Tournament**

**19 au 21 Mai, 2023**

**Séminaires**  
**DOJO QUÉBEC SHOTOKAN**  
265 Boul. René Lévesque Ouest, Québec  
**Compétition**  
**COLLÈGE ST-CHARLES GARNIER**  
1150, boulevard René-Lévesque Ouest, Québec

#### **Sanctionné par:**

**ISKF Canada**  
**International Shotokan Karate Federation**

#### **Événement officiel ISKF Canada**

**Sensei David Jones / Chairman ISKF Canada & Chef Instructeur Alberta**  
**Sensei Denis Houde / Vice-Chairman ISKF Canada & Chef Instructeur Quebec,**  
**Sensei Daniel Tam / Chef Instructeur Nouvelle Écosse**

#### **Organisé par:**



## **SCHEDULE AND FEES**

### **FRIDAY MAY 19<sup>TH</sup>**

Québec Shotokan Dojo, 265 West René Lévesque Blvd

6h00 to 7h00 pm	<b>Group #1 / Black belt</b>
6h00 to 7h00 pm	<b>Group #2 / White to Brown</b>

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### **SATURDAY MAY 20<sup>TH</sup>**

Québec Shotokan Dojo, 265 West René Lévesque Blvd

9h45 to 10h45 am	<b>Group #1 / Black belt</b>
	<b>Group #2 / White to Brown</b>
11h00 to 12h00 am	<b>Group #1 / Black belt</b>
	<b>Group #2 / White to Brown</b>
12h00 to 2h00 pm	<b>Lunch</b>
2h00 to 3h00 pm	<b>Referee clinic</b>
3h00 to 4h00 pm	<b>Group #1 and #2</b>
4h15 pm	<b>Dan Exam</b>

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### **SUNDAY MAY 21<sup>TH</sup>**

Collège St Charles Garnier, 1150 West René Lévesque Blvd  
Parking via Avenue Louis-Fréchette after turn to right side

8h30 am to 4h00 pm	<b>Tournament Juniors and Adults</b>
7h00 pm	<i>Diner restaurant GRAND CAFÉ</i>

**LE GRAND CAFÉ 690 Grande-Allée Est.**

## PARTICIPATION À LA COMPÉTITION

1150 Boul. René Lévesque Ouest, Québec

CATEGORIES	GENDER	AGE	KATA	KUMITE	TEAM KATA	TEAM DOJO KUMITE
<b>JUNIOR</b> 8 kyu to 4 kyu	<b>Girls &amp; Boys</b>	9-11		<input checked="" type="checkbox"/> Mixed	<input checked="" type="checkbox"/> One group	none
		12-14	<input checked="" type="checkbox"/> Mixed	<input checked="" type="checkbox"/> Jiyu ippon & Shu ippon		Mixed 3 participants
		15-17	<input checked="" type="checkbox"/> Mixed	<input checked="" type="checkbox"/> Jiyu ippon & Shobu ippon		Mixed 3 participants
<b>JUNIOR</b> Brown & Black	<b>Girls &amp; Boys</b>	9-11	<input checked="" type="checkbox"/> Mixed	<input checked="" type="checkbox"/> Mixed	None	None
		12-14	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Shobu ippon	<input checked="" type="checkbox"/> Mixed	1 girl 2 boys
		15-17	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Shobu ippon	<input checked="" type="checkbox"/> Mixed	1 girl 2 boys
<b>ADULT</b> 8 kyu & 7 kyu	<b>Female Male</b>	18 +	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Jiyu ippon	<input checked="" type="checkbox"/>	None
<b>ADULT</b> 6 kyu to 4 kyu	<b>Female Male</b>	18 +	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Shobu ippon	<input checked="" type="checkbox"/>	None
<b>ADULT</b> Brown	<b>Female Male</b>	18 +	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Shobu ippon	<input checked="" type="checkbox"/> Mixed	3 participants
<b>ADULTE</b> Black	<b>Female Male</b>	18-44	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Shobu ippon	<input checked="" type="checkbox"/> Mixed 18 +	3 participants
<b>SENIOR 45+</b> Brown & Black	<b>Female Male</b>		45 +	45-55	None	None

QUÉBEC ISKF 1175 18<sup>e</sup> Rue # 507, Québec, QC, G1J 0G5

Registration dead line: Friday May 12th

[info@quebeciskf.com](mailto:info@quebeciskf.com)

## Canadian National Gasshuku & Tournament ISKF Canada May 19<sup>th</sup> to 21<sup>th</sup>

# INDIVIDUAL REGISTRATION

Name

Dojo  Province

Tel.  Email

Date of birth (D/M/Y)  /  /  Age as of May 21,

Sex (M/F) ou (B/G)  Grade  KYU  DAN

Cost for individual events - \$45 per person. Check your choices.

## Categories

	8-7 Kyu	6-4 Kyu	Brown Black	Kata	Kumite	Team Kata/Combat
Junior 9-11	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Junior 12-14	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Add 15\$
Junior 15-17	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Adult 18-44	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	TOTAL - A
Senior 45 +	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$ <input type="text"/>

## Seminar costs and restaurant reservations

Referee clinic.....\$30 ☐

Karate seminar \_\_\_\_\_ class x 25\$.....Total ☐

All class (4).....\$80 ☐

**Réservation restaurant : Sunday May 21th** x \$10 ☐

**Le GRAND CAFÉ 690 Grande-Allée Est.**

TOTAL - B

\$

**Grand total A + B**



\$

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### Waiver/Release Agreement for Contestants/Participants

All participants must complete.

The undersigned is aware that there are risks and dangers inherent in participating and receiving instruction at the Event. In consideration of being permitted to participate in the Event, I hereby release and waive any claims against International Shotokan Karate Federation of Alberta, International Shotokan Karate Federation of Canada, Halifax International Shotokan Karate Federation and International Shotokan Karate Federation and any and all clubs, schools, instructors, members, judges, officials, officers, directors and representatives relating thereto (collectively the "Releases") for any injury or damage which I may suffer as a result of participating and/or receiving instruction at the Event including travel to and from the Event.

I understand and agree that this Release will have the effect of releasing, discharging, waiving and forever relinquishing any and all actions, those causes of action that I may have or have had, whether past, present or future, whether now known or unknown and whether anticipated or unanticipated by me, arising out of my participation at the Event. This Release shall be binding upon me, my heirs, successors, administrators, assigns and legal representatives.

I assume full responsibility for any and all risk of death or personal injury or property damage, which I may suffer while participating in the Event. I expressly acknowledge and assume any and all risk that my participation in the Event may subject me to personal injury and bodily harm.

I confirm that I have no past or present medical condition, injury or other physical or mental restriction which may cause or contribute to personal injury or property damage while participating in the Event and if in case I have such a condition, I agree to forthwith notify the Releases, as the case may be, and withdraw from the Event.

I further agree by signing this Release, I shall indemnify and hold any of the Releases harmless from any and all liability or costs, including legal fees, associated with or arising from my participation at the Event.

I understand that if I am signing this Release on behalf of a minor child, I will be giving up the same rights for said minor as I would be giving up if I signed this document on my own behalf.

I acknowledge that I have read this Release and that I understand the words and language in it. I sign this Release freely and voluntarily.

#### Parent/Guardian Release:

I am the parent or legal guardian of the minor \_\_\_\_\_ and I am signing this waiver/release on behalf of the said minor.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
TÉMOIN

\_\_\_\_\_  
NOM (PRINT)

\_\_\_\_\_  
NOM DU PARENT OU RESPONSABLE (PRINT)

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE



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